



Who are the Confident Girls Foundation?

NETBALL: MORE THAN A GAME. A PATHWAY TO OPPORTUNITY.

At the Confident Girls Foundation, we use the power of netball to help girls and young women build confidence, resilience, leadership and connection.

We support girls aged 5–30, particularly those in remote, rural and marginalised communities, creating opportunities to belong, participate and thrive.

Our Impact



85,000+
girls & women
supported



900+
programs
delivered



474 locations
Over 50% delivered
in rural & remote
communities

How we make a difference

Removing Barriers

We help girls overcome challenges that can prevent participation, including:

- Financial hardship
- Equipment, registration and travel costs
- Geographic isolation
- Limited access to inclusive opportunities

Supporting Communities

Through grants, partnerships and community programs, we invest in initiatives that create lasting impact, including:

- First Nations programs
- CALD initiatives
- All Abilities netball
- Regional and remote communities
- Education and leadership programs

Creating opportunity through partnership

- Marie Little Shield
- Supporting athletes with intellectual disabilities through connection, confidence and belonging.
- First Nations Black Swans
- Creating culturally safe pathways that celebrate talent, culture and representation.

Your support changes lives

Sport provides more than a game.

It builds confidence, resilience, leadership and connection.

Every donation helps create opportunities for girls who may otherwise miss out.

Empowering girls. Strengthening communities. Creating opportunities.

DONATE TODAY AND HELP CREATE OPPORTUNITIES THROUGH NETBALL.